

**ALABAMA PSYCHOLOGICAL ASSOCIATION
UAB GERIATRIC EDUCATION CENTER COMMUNITY MODULES:
FRAILITY**

CE CREDIT LOG

Name: _____

Address: _____

City, State, Zip: _____

Psychologist? ___Yes ___No / aPA Member? ___Yes ___No

Please enter your answers from
the module:

- | | |
|----------|----------|
| 1. _____ | 5. _____ |
| 2. _____ | 6. _____ |
| 3. _____ | 7. _____ |
| 4. _____ | 8. _____ |

PLEASE PRINT

**Frailty
1 CE CREDIT**

TO WHOM IT MAY CONCERN

This is to certify that the above-named individual has completed and passed the post-test for this online Continuing Education Activity sponsored by the UAB Geriatric Education Center and the Alabama Psychological Association.

The Alabama Psychological Association is approved by the American Psychological Association to offer continuing education for psychologists. The Alabama Psychological Association maintains responsibility for the content of the program. This program is approved for 1 CE Hour.

TOPIC: Frailty

Author: Dr. Cynthia Brown

LEARNING OBJECTIVES:

At the completion of this workshop, participants will be able to:

1. Describe the current definition of frailty
2. Identify key features of frailty as currently defined
3. List adverse outcomes associated with frailty
4. Assess components of frailty using available tools
5. Define sarcopenia

INSTRUCTIONS TO PARTICIPANTS: This is your official record of completion of the **Frailty** online module presented by the UAB Geriatric Education Center and the Alabama Psychological Association. Send this form to the Alabama Psychological Association office (P.O. Box 97, Montgomery, AL 36101-0097) for validation. Within a reasonable length of time, the appropriate approval stamp will be affixed and the form mailed to you. This form will be valid for the documentation of CE credit only if the "official approval stamp" is affixed.

YOU WILL RECEIVE CE CREDIT ONLY IF YOU PASSED THE POST-TEST (75% correct).